

A little bit about Theresa's Gourmet Deli & Cafe....

A neighborhood cafe where patrons and staff are on a first name basis and folks can chat happily across the room in a warm and cozy place.

Theresa's Cafe offers the best in "fresh home cooking" cooking from scratch using fresh and healthful ingredients in soups, salads, sandwiches and desserts. Breakfast can be the unusual; homemade yogurt parfaits, steel cut oatmeal with dried fruit and nuts, homemade muffins, scones or fruit bread or traditional; fluffy omelets, light and fluffy pancakes, waffles, special breakfast sandwiches, fruits, juices, a variety of fresh brewed coffees, teas and hot chocolate!

Lunch includes a seasonal variety of classic and gourmet sandwiches, burgers, daily homemade soups, chilies, a tempting choice of main course salads, plus daily specials. Patrons stop by to pick up freshly made entrees to enjoy at home!

We have been preparing fresh foods for over four years for people who value healthful, tasteful, quality Breakfast, Lunch, Dinner and catering.

All our subs and sandwiches are prepared to order using only top grade **Boar's Head Meats & Imported Cheese**. We also Bake our own Roast Beef, Turkey Breast and Ham for sandwiches! We refuse to pre-cut any meat or cheese in making your sandwiches. So please be patient - I am sure you will appreciate the difference!

Hours

Monday-Friday 7:00 - 4:00

Saturday 7:00 - 4:00

Sunday CLOSED

Paul Bunyon Village

117 Broad Street

Flemington, NJ 08822

PRICES ARE SUBJECT TO CHANGE

WE ACCEPT CASH, VISA, MASTER CARD,

AMERICAN EXPRESS

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Theresa's Gourmet Deli & Cafe



LUNCH MENU

HOMEMADE WITH LOVE!

*We Cater Large & Small Parties
On and off premises*

117 Broad Street - Flemington, NJ 08822

Phone: 908-788-8886

Fax: 908-788-8831

Website: theresascafe.com

Theresa@theresascafe.com

Side Salads

All salads are homemade fresh daily using only the finest ingredients Including Hellmann's Mayo

	Side Portion	1 Lb.
Macaroni Salad	\$1.00	\$5.99
Potato Salad	\$1.00	\$5.99
Cole Slaw	\$1.00	\$5.99
Fruit & Grain Salad	\$1.75	\$8.99
Fresh Fruit Salad Cup (Seasonal)	\$3.75	\$4.99
Grilled Veggies (1/4 lb)	\$2.75	\$8.99
Cucumber & Tomato Salad	\$1.25	\$6.99
Tuna Salad	\$3.25	\$6.50
Chicken Salad	\$3.50	\$9.00
Egg Salad	\$3.00	\$5.99
Grilled Chicken Breast	\$3.75	\$9.00

HOMEMADE SOUP OF THE DAY

HOMEMADE SOUP OF THE DAY	CUP	\$3.95
	BOWL	\$5.25
w/Side Garden Salad or half tuna, egg or chicken salad sandwich		\$8.50
1/2 Panini or Deli Sandwich.....		\$9.50
THERESA'S CHILI (seasonal) with onions & cheddar/cornbread		\$6.00
w/Side Garden Salad or half tuna, egg or chicken salad sandwich		\$9.50
Homemade Soup to Go (Quart)		\$13.00
Homemade Chili (Quart)		\$16.00

SALADS - SERVED WITH BREAD

Side Salad	\$4.50
GARDEN SALAD - Romaine Lettuce, cukes, carrots, tomatoes, red onions W/	\$5.95
CAESAR SALAD - Crisp Romaine tossed with homemade croutons and Theresa's own Caesar dressing Topped off with shaved Grana Padana	\$6.50
GREEK SALAD - Romaine Lettuce, Feta Cheese, grape leaves, Black Olives, Cucumber, grape tomatoes, Red Onions & Homemade Vinaigrette	\$8.00
ADD GRILLED CHICKEN BREAST	\$1.50
CHEF SALAD - Turkey, Homemade Roast Beef, Imported Swiss Cheese, sliced egg, Grape Tomatoes, Over crisp Romaine - Served w/Russian Dressing	\$9.00
CALIFORNIA COBB SALAD - Turkey Breast, grape tomatoes, avocado, blue cheese, sliced egg, crisp bacon over Romaine-Homemade Russian Dressing	\$9.00
CAPRESE SALAD - Fresh Mozzarella layered between Tomatoes over Organic Baby Greens - topped w/grilled chicken breast Virgin Olive Oil drizzled on top w/ Fresh Basil (in season)	\$9.50
SALAD SAMPLER - Choice of Tuna, Chicken or Egg Salad w/Potato, Macaroni or Coleslaw/Grilled Veggies/O/ Romaine	\$9.50
ALMOND & CRANBERRY - Medallion of goat cheese on top of Grilled Marinated Chicken Breast, Organic Mixed Greens, carrots, cucumbers, Cranberries & toasted almonds, Raspberry dressing	\$9.00
Fresh Roasted Red Peppers/Mozzarella Olives	\$1.50 \$.75

ORIENTAL GRILLED CHICKEN, organic greens & Crisp Romaine with crunchy red peppers, shredded carrots, mandarin orange, almonds, crisp won ton strips with a sprinkle of sesame seeds / *Homemade Sesame dressing on the side* **\$9.00**

SLOPPY JOES

Made on NYC Rye, Cole slaw & Russian Dressing

Ham & Swiss	\$8.25
Turkey & Swiss	\$8.25
Turkey, Roast Beef & Swiss	\$8.50
Ham, Turkey & Swiss	\$8.50
Roast Beef & Swiss	\$8.75
Pastrami & Turkey & Swiss	\$8.75

CLUB Sandwiches

THREE SLICES OF White Toast W/ lettuce, tomato, Mayo & Bacon

Turkey	\$8.25
Turkey, Roast Beef & Swiss	\$8.75
Roast Beef	\$8.50
Ham	\$8.25
Chicken Salad	\$8.50
Tuna Salad	\$8.25

All sandwiches plated to go will have an additional charge

Condiments

Homemade Basil Pesto, Sun Dried Tomato Pesto, Chipotle Mayo, Fresh Rosemary Mayo, Basil Pesto Mayo, Sun Dried Tomato Mayo, Creamy Horseradish Sauce, Honey Mustard, Spicy Mustard, Balsamic Vinaigrette, Greek Dressing, Vidalia Dressing, Russian, Buttermilk Ranch, Creamy Caesar

HAMBURGERS

(INCLUDES LETTUCE & TOMATO)

BLACK ANGUS BEEF Burger	\$7.75
Swiss Patty Melt Black Angus Burger w/sautéed onions, melted Swiss, on Rye Bread grilled to perfection	\$8.75
Bacon BLUE BURGER creamy imported gorgonzola & crispy bacon	\$8.95
PIZZA BURGER Melted Mozzarella & Marinara	\$8.50
VEGGIE "REUBEN" Burger coleslaw, melted Swiss, Russian Dressing	\$8.95
Extras:	
Fried Onions .75, Bacon \$1.00	
Avocado 1.50 Cheese 75¢	
Cheddar or MootzCheese \$1.00	
Mushrooms 75¢ Hot peppers .75	
<u>PHILLY "BLACK ANGUS" STEAKS</u>	
Black Angus Steak - sautéed with onions, peppers & cheese	\$8.50
California Cheese Steak American Cheese, Lettuce, tomato, Raw Red Onions & Mayo	\$8.95
Italian Cheeesteak sautéed with Onions, green peppers, melted Provolone Cheese, Homemade Marinara Sauce	\$8.95
Homemade Breaded Chicken Tenders & French Fries	\$8.95
CRISPY FRENCH FRIES	\$3.50
CRISPY SWEET POTATO FRIES	\$4.00

Deli Sandwiches

(Boars Head & Home baked Meat)

Brick Oven Rye, White, Multigrain, Keiser Roll, Rustic Hero, 8-inch Sub, Brioche

Boiled Ham <i>(Low Salt Ham, Lettuce, Tomato & Spicy Honey Mustard or Rosemary Mayo)</i>	\$7.25
Tavern Ham & Imported Cheddar	\$8.25
Turkey "BLT" <i>(Roast Turkey, Crisp Bacon, Lettuce & Tomato w./Rosemary Mayo)</i>	\$8.25
"BLT" - Crispy Bacon, Lettuce, Tomato on WHITE Toast with Mayo	\$7.00
Grilled Chicken Breast, Tomato, Romaine Lettuce & Chipolte Mayo	\$8.25
Smoked Turkey & Dill Havarti <i>(Tomato, Lettuce & Honey Mustard)</i>	\$8.25
Oven Gold Turkey Breast	\$7.50
HOMEMADE Roast Beef	\$8.25
Imported Salami	\$6.50
Pastrami	\$8.25
Grilled Pastrami Rubin (Swiss cheese, coleslaw, Russian dressing)	\$8.75
Grilled Pastrami & Turkey Rubin (Swiss cheese, coleslaw, Russian dressing)	\$8.75
Homemade All White Meat Grilled Chicken	\$7.75
Homemade All White Meat Tuna Salad	\$7.50
Tuna Melt with Cheese of your choice	\$7.95
Homemade Egg Salad	\$6.50
American Cheese (Grilled or not)	\$5.00
Imported Swiss, Provolone	\$5.75
Cheddar	\$6.25

Panini Sandwiches

(Panini Sandwiches are made to order using only the freshest ingredients - served on Freshly baked Semolina Bread-Grilled to perfection!
MAKE UP YOUR OWN COMBINATION !

CAPRESE - Fresh roasted red peppers, basil, fresh mozzarella & homemade basil pesto with baby greens	\$9
PARMIGIANA - Breaded Chicken Breast sautéed lightly, with melted mozzarella and homemade marinara sauce	\$9
CORDON BLEU - Grilled Chicken Breast, Tavern Ham, melted Swiss Cheese, honey mustard	\$9
CHICKEN MILANESE - Grilled Chicken Breast, sun dried tomato pesto topped with roasted red peppers and melted provolone cheese	\$9
ITALIANO - Grilled Chicken Breast, Fire Roasted Peppers, Basil Pesto, Fresh Mozzarella	\$9
VIA APPIA - Prosciutto Di Parma, Provolone Cheese or Mozzarella, fire roasted red peppers, romaine, tomato, Basil Pesto	\$9.75
CAPRI - (Antipasto sandwich) Salami, Ham, Provolone Cheese, Artichoke hearts, tomato, Basil Pesto	\$9
CORLEONE - Salami, Ham, Fresh Mozzarella, Sundried tomato, romaine lettuce, tomato, Basil Pesto	\$9
CHICKEN RANCH - Chicken breast, crispy bacon, lettuce, tomato, ranch dressing & oregano	\$9

Sandwich Extras

Provolone, American, Cheddar, Monterey Jack or Swiss, Parmesan	75¢
Fresh Mozzarella, Brie or Gorgonzola, Feta	\$1.50
Hot Peppers or Cucumbers 75¢; Coleslaw \$1.00	
Roasted Artichoke Hearts / Veggies, Sun Dried Tomatoes, , Avocado, Fire Roasted Peppers	\$1.50

Wraps

Honey Wheat, Spinach, Sundried Tomato or South Western Wraps

Grilled Veggie Wrap - Grilled veggies with your choice of sundried tomato or Basil Pesto; Feta, Fresh Mozzarella or Havarti Cheese	\$8.25
GREAT PLAIN - Mixed Greens, cukes, grilled artichoke hearts, tomato, creamy cucumber dressing with a hint of mint - served in a honey wheat wrap	\$7.25
MEDITERRANEAN - Baby Greens, cucumbers, shredded carrots, tomatoes sundried tomato hummus	\$7.75
RAINFOREST - Baby Greens, cucumbers, tomato, Vidalia onions, sundried tomato, Hummus	\$7.75
Turkey "BLT" - Oven Gold Turkey Breast, Crisp Bacon, lettuce, tomato, Rosemary Mayo	\$7.95
Tuna Of The Sea - All White Meat Tuna Fish Salad, with fresh roasted red peppers & baby Greens	\$7.95
EGG SALAD "BLT" - Homemade Egg Salad, crisp bacon, lettuce, tomato	\$7.25
CHICKEN SATAY - Grilled chunks of chicken breast, carrots, cukes, lettuce with Homemade Satay Sauce	\$8.25
CHICKEN SALAD "BLT" WRAP Homemade Grilled Chicken, Helmans Mayonnaise, Crisp Bacon, lettuce, tomato	\$8.25
CHICKEN Caesar Wrap Grilled Chicken, crisp romaine, parmesan cheese, Caesar Dressing, Homemade croutons - All wrapped up in a warm wrap of your choice	\$8.25

WRAPS CONTINUED...

BEEF & CHEDDAR WRAP - Rare Roast Beef, Imported Cheddar Cheese, lettuce with Ranch Dressing	\$8.25
TAJ MAHAL - Sliced Grilled Chicken Breast, shredded lettuce, sliced tomato, cucumbers & creamy cucumber & tomato dressing with a hint of mint	\$7.95

All American Submarine Sandwiches

Please specify your choice of lettuce, tomato, onion, oil & vinegar, mayo, oregano, etc.

	8 inch Sub
Turkey	\$8.25
Roast Beef	\$8.75
Tuna	\$7.95
"BIG AL" Italian - Ham, Salami, Provolone	\$8.25
"Bubba" Roast Beef, Cheddar, tomato & Ranch Dressing	\$8.95

ICE CREAM PARLOR

- Ice Cream Sunday \$4.50
- Banana Split \$4.50
- Old Fashioned Milkshake \$4.00
- Warm Brownie with Ice Cream \$4.95
- Creamy Rice Pudding \$3.50

CHILDREN'S CORNER

FOR GUEST AGES 8 & UNDER, PLEASE

Grilled Cheese	\$5.00
Peanut Butter & Jelly With or without the crust	\$4.00
"Child" Sandwich Turkey, Ham, Cheese	\$5.50
Chocolate Milk	\$2.00

SPECIALTY DRINKS

Fruit Smoothies Milk, fresh fruit or fruit juice blended together	\$3.50
ADD HOMEMADE YOGURT	\$1.00
Strawberry—Strawberry/Banana Blueberry Pina Colada	
Add yogurt	
Frapuccinos	\$3.50
Cappuccino	\$3.95
Latte	
Chai Tea Late	
Add a favored syrup	.75¢
Chocolate	
Raspberry	
Hazelnut	
Caramel	
Caramel	